



High School Sailing *What to Bring Each Day – Packing List*

SUNY Maritime provides sailboats, all sailing equipment, coach and safety boats, coaching equipment and participant lifejackets. Participants are required to provide their own personal sailing gear, as listed below.

Fall Season Sailing Gear:

Required:

- Lifejacket (or borrow ours)
- Whistle attached to lifejacket (or borrow ours)
- Layers for top and bottom – bathing suit, shorts, long sleeve rashguard. No cotton! Think nylon, polyester blends and fleece.
- Closed-toe, captive-heel shoes with non-marking soles that can get wet, or sailing specific “dinghy boots”
- Foul weather gear – sailing specific “spray gear” is best. Or, rain jacket/pants, wind breaker. We will go out in rain as long as there is no thunder/lightning.
- Waterproof watch with countdown timer
- Reusable water bottle (single use bottles are NOT permitted)
- Change of clothes, shoes and towel to dry off/warm up after practice

Recommended:

- Sailing gloves – check out gloves by Gil, or garden or work gloves like Atlas
- Hat and sunglasses with retaining straps
- Sunscreen

There are many vendors and outfitters for sailing gear, and some offer a scholastic discount if you mention you are on a High School Sailing team. Check out: Zim Sailing, Sound Boatworks, Dinghy Shop, Annapolis Performance Sailing, Colie Sails, Landfall Navigation, Team One Newport. Popular youth sailing brands include: Gill, Zhik, Rooster, Helly Hansen, and Musto.

Please leave at home:

- Expensive items and valuables
- Jewelry
- Electronics
- Your favorite hat that you’d be really sad to lose overboard, etc.

Don’t forget to label everything with your name!

WATERFRONT

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